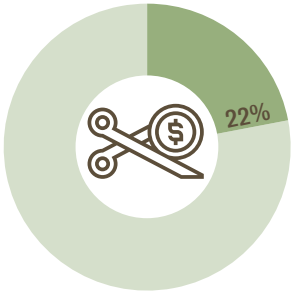


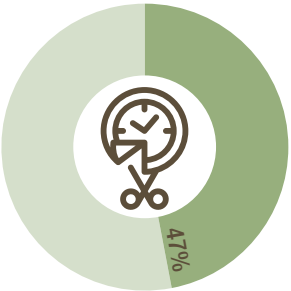
# The Impacts of COVID-19 on Wyoming Parents

WYSAC surveyed Wyoming parents and found a broad range of COVID-19 impacts.

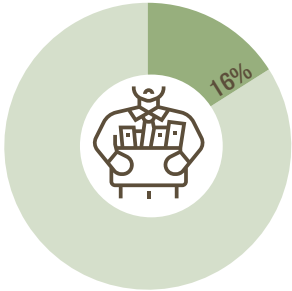
Employment



They or someone in their household had their pay cut

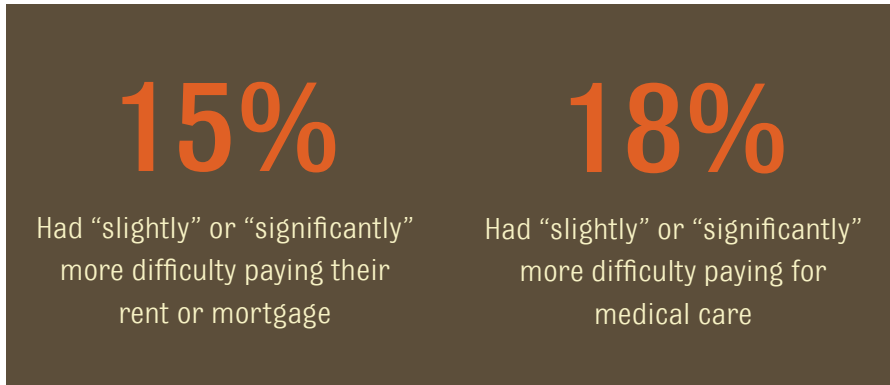


They or someone in their household had work hours reduced



They or someone in their household lost a job

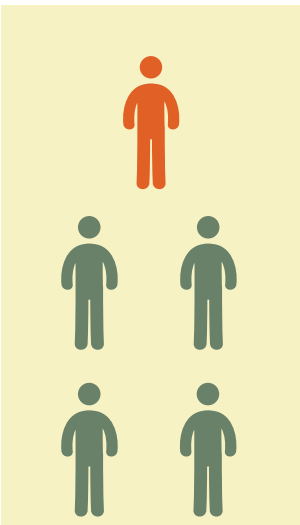
Financial



Had "slightly" or "significantly" more difficulty paying their rent or mortgage

Had "slightly" or "significantly" more difficulty paying for medical care

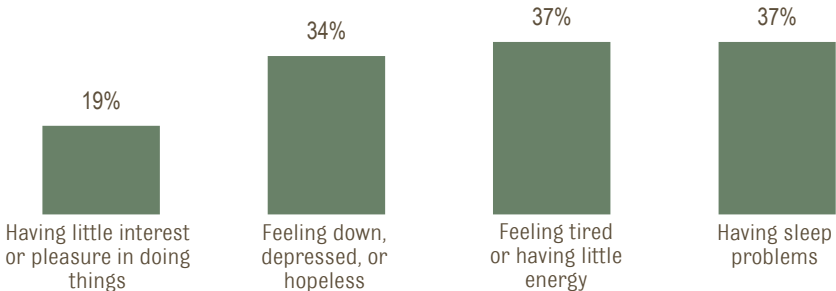
Substance Use



1 in 5 parents used alcohol "slightly" or "significantly" more than before COVID-19

Mental Health

Since COVID-19, Wyoming parents reported an increase in...



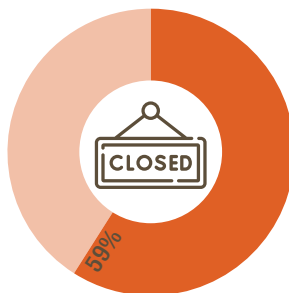
Having little interest or pleasure in doing things

Feeling down, depressed, or hopeless

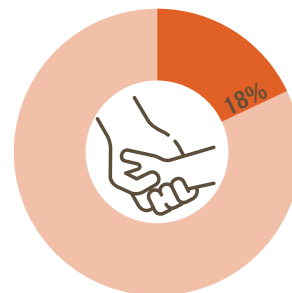
Feeling tired or having little energy

Having sleep problems

# The Impacts of COVID-19 on Wyoming Parents



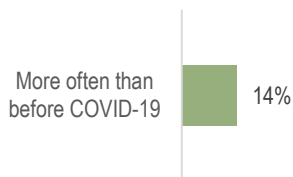
Reported school or daycare closure had a moderate or severe impact on daily life



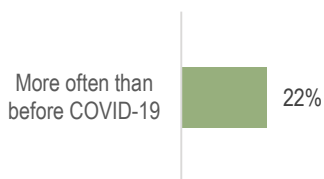
Worried about job loss because of lack of childcare

## Food Insecurity

Ate less than they felt they should because there wasn't enough money for food

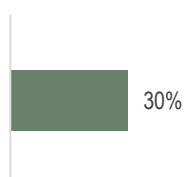


Worried their food would run out before getting money to buy more

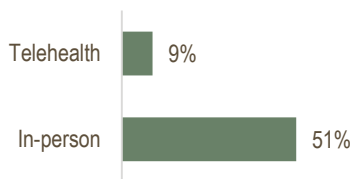


## Medical Care

They or someone in their household avoided seeking medical care when they normally would have



Received medical care during COVID-19 via



## About the Survey

This survey was conducted between June 16th and June 22nd, 2020 among a randomly selected sample of Wyoming residents who are members of WYSAC's WyoSpeaks panel.

For more information about this survey, go to [wysac.uwyo.edu/covidparents](https://wysac.uwyo.edu/covidparents). For more information about the WyoSpeaks panel, please email [wysac.src@uwyo.edu](mailto:wysac.src@uwyo.edu)

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